

Risk assessment for: HulaFit Class Outdoors

Conducted by: Carla Rose

Hazard	What could happen?	Who could be hurt?	Action taken to minimise risk
<p>Hula Hoop equipment</p>	<p>Trip hazard if hula hoops are scattered on floor.</p> <p>Injury from equipment: People could hit themselves with hula hoop causing external bruising/swelling.</p> <p>Injury to others: People/small children walk in workshop area get hit by a spinning hula hoop causing bruising/swelling/friction burn.</p> <p>General public wandering in and out of workshop area get hit by hula hoop.</p>	<p>General Public, attendees.</p>	<p>Keep general public clear of activity and set boundaries for activity/hold activity within a clearly laid out space. Advise parents to hold on to small children so they don't run into danger. Suggest to Rope off/mark out workshop area to clearly display danger area.</p> <p>Hula Hoops to be kept in one clearly marked place when not in use. Workshop leader to continually monitor area & gather up unused hoops to avoid trip hazards.</p> <p>Workshop leader to give clear instruction to public to be aware of surroundings/environment/other people and maintain spatial awareness before commencing hula hooping activity.</p> <p>A pre -briefing should be held to inform children and adults of the risks associated with items of equipment etc & clear instruction of appropriate use of equipment by experienced instructor.</p> <p>Constant monitoring & reviewing during session.</p> <p>Any incident or accident will be reported and recorded in incident book.</p> <p>Teacher is First Aid trained and will adhere to First Aid training principles in dealing with injuries/emergencies & will have a fully charged mobile phone at hand in order to call the Emergency services.</p> <p>Ensure designated qualified first aiders are known & close by and first aid equipment is on site and close to use.</p>

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Uneven floor surface.	Unseen Ruts/dips in park surface causing trips/stumbles/falls.	General public/attendees	Workshop surface area to be checked carefully before activity commences and public to be advised to watch footing before activity commences.
Litter on floor	Floor space could be littered with broken glass, dog mess, litter etc that could cause injury or illness.	General public; attendees	Area to be checked carefully by staff before the activity begins, and cleared of any hazardous debris.
Slippery ground	Wet weather/rain could cause slippery surfaces and cause slips/falls.	General public; attendees & volunteers	Activity will stop in heavy rain, snow, sleet or hail. In light rain, participants will be advised of adverse conditions and have attention brought to danger of slippery ground.
Sun	Hot sun can cause sunburn, sunstroke and dehydration.	General Public; attendees, volunteers.	Participants will be given regular breaks & encouraged to stay hydrated & drink water in hot weather. Everyone will be encouraged to protect themselves from the sun, use sun cream, wear a hat. Organisers to monitor.
Electrical appliances – sound system, mic system	Faulty appliances can cause electrocution, which can cause serious injury and death.	Activity leader, Staff, volunteers, centre users.	Only tested equipment used. Ensure all appliances are checked regularly (at least once a year) by a competent person. Activity leaders to check for exposed wires and burn marks on cables or plugs before using appliances.
Abduction	Unknown adults could come into workshop area.	Attendees	Inform parents it is their responsibility to supervise/monitor the children during workshop.

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Anti-social behaviour	Members of general public might cause a disruption through verbal/physical means.	General public, attendees, workshop leader	Workshop leader will demonstrate proper personal behaviour and conduct at all times. Workshop leader will politely inform causers of disruption not to disrupt workshop. If disruption continues and escalates emergency services onsite will be contacted. Event/incident report will be filed by organisation/event organisers.
Food Hygiene	N/a	N/a	N/a
Hazardous substances	N/a	N/a	N/a
Poorly located equipment and cables	Trip Hazards	Attendees	Workshop leader to ensure workshop areas are kept tidy and that hoops are stored neatly.