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| **On Body Choreography ‘Disco Inferno’ The Trammps**Intro – Use Intro to demo the verse & chorus stepsChorus starts at 0.34:- Arm sequence x 4: Throw both arms out then up & disco roll to other sideVerse:* 4 x Side Tap to R + R arm
* 4 x Side Tap to L + L arm
* 8 x alternate side taps

Chorus:- Arm sequence x 4: Throw both arms out then up & disco roll with a twist to opposite sideVerse:* 4 x Side Tap to R + R arm
* 4 x Side Tap to L + L arm
* 8 x alternate side taps

Chorus:- Arm sequence x 4: Throw both arms out then up & disco roll to other sideBreak @ 2.18 = change direction of hoopBack into Verse @ 2.34:* 4 x Side Tap to R + R arm
* 4 x Side Tap to L + L arm
* 8 x alternate side taps

Chorus: to end of song- Arm sequence x 4: Throw both arms out then up & disco roll to other side | Impact/ability options:Lower ability option: keep feet hips width & tap foot, focus on arm movement & maintaining strong core pulse.Chorus : Lower ability Option to stay facing forward with arm sequence rather than twisting side to side |